

GARDEN SPOT Supportive living community encourages personal touches



For The Telegraph

Glenhaven Gardens

Glenhaven Gardens, 100 Glenhaven Drive, Alton, is a supportive living community for seniors 65 and older. The facility offers seniors assistance with meals, medication, housekeeping, laundry, activities and transportation.

Glenhaven Gardens
100 Glenhaven Drive, Alton
(618) 462-1500
<http://www.glenhaven-alton.com/>

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By JESS CHARLTON
For The Telegraph

ALTON - Glenhaven Gardens, 100 Glenhaven Drive, has been named the RiverBend Growth Association's February business of the month.

"We are very excited. It's definitely an honor and a privilege to receive this award - especially since we had no idea we were nominated, and especially with it being February and being heart month. It was a wonderful surprise," community relations coordinator Laura Robinson said.

Glenhaven Gardens, founded May 1, 2008, is a supportive living community for seniors 65 and older. Their studio and one-bedroom apartments provide residents with their own kitchen and bathroom. Glenhaven Gardens offers seniors assistance with meals, medication, housekeeping, laundry, activities and transportation. Glenhaven Gardens is dedicated to helping with residents' needs but also letting them be as independent as possible.

"There was a definite need for this in the community. Not everyone can afford assisted living and to pay privately. Supportive living came from Illinois to help fix that gap," Robinson said.

Besides Glenhaven Gardens, there are two other supportive living communities in the River Bend: St. Clare's Villa and Foxes Grove.

Glenhaven Gardens has set many goals, which they accomplish on a daily basis with their residents and the community.

"The goal is to continue to build relationships with seniors and in the community. It's important to have a caring staff and to allow residents their freedom and not feel they are tied to stay there," Robinson said. "We want them to feel how they would feel if they were in their own homes."

Robinson said residents are allowed to bring their own belongings to help make their apartments special. The dedication Glenhaven provides to help reaches further; they do not turn anyone away based on income.

Residents of Glenhaven Gardens and employees spend their free time giving back to the community.

"Every year our residents participate with the community, including the toy drive and donating food to the pantry at Calvary Baptist Church. They make soup for the area's crisis food centers and even donate desserts to churches for funeral services," she said. "It's a really great thing because our residents come to us about it and want to help."

Glenhaven Gardens has a waiting list.

Robinson said they will have big open house event from 2 until 3:30 p.m. Sunday, March 10, for St. Patrick's Day.

For more information, call Robinson at (618) 462-1500.